



MOUNT SHASTA SUMMIT CLIMB

Mount Shasta, California

ITINERARY

Day 1

We meet at a TBD location in the town of Mount Shasta where we conduct a pack check and discuss gear options. We then drive to the trailhead at Bunny Flat (Elev. 6,950 ft). A slow and easy hike take us to our base camp at the Sierra Club alpine hut called Horse Camp (elev. 8,000 ft). We spend the afternoon acclimating and setting up camp. That evening we enjoy a good meal prepared by your guides.

Day 2

We wake up early, around 12-1 am, for our alpine start up Mount Shasta. We climb the Avalanche Gulch route up to the Red Banks with the steepness averaging around 35 degrees. Atop the Red Banks (elev 12,800 ft) the angle lessens as we skirt around the Konwakitan Glacier, but the altitude begins to take effect and the going gets slower. The views are tremendous.

We are able to continue over Misery Hill and onto the summit plateau (13,900 ft) which gives us spectacular views of the Whitney Glacier (California's largest). A last effort up the summit pinnacle puts us on top of Mt Shasta (14,162 ft). After photos and handshakes we begin our descent back to camp on the trailhead, arriving back in town around 5pm.

Itinerary subject to change